



ABOUT ME

Holding a Masters in Psychotherapy and Counselling. A **Certified Special Educator** specialized in Learning Disabilities and ADHD; PG Diploma holder in **Theatre Holistic Development (THD)** specialised in specially abled children.

A Certified Facilitator of **Dance Movement Therapy (DMT)** – by UNESCO; which uses the tools and techniques of Counselling and Psychotherapy.

A multitasking graduate in **Business Administration (BBA)** and a graduate in Bharatanatyam classical dance, Member of the International Dance Council (CID), UNESCO. Also a Diploma holder in Education of Human Values from an International Institute in Thailand.

Aspiring to be an invaluable contributor to the Management Outfit of an established Organisation, thereby achieving personal growth while ensuring the growth of the organisation as well.

SKILLS

- Strong Listening and Interpersonal Skills
- Knowledge & application of counselling methodologies
- Knowledge of Therapeutic interventions to aid in emotional, cognitive, mental and physical development
- Ability to provide personal counselling and support to individuals
- Ability to provide support and interventions for individuals with special needs

BHAVNA SHETTY

Psychotherapist & Counselor

Certified Facilitator – Dance & Movement Therapy

Therapeutic Movement Educator – THD Specialist | Special Educator

Ajman One Tower, Ajman, UAE | +971-588703275 | bhavnashetty@gmail.com

EXPERIENCE

Special Educator – Early Years & Kindergarten | *GEMS Millennium School, Sharjah, UAE*

2021 – Present

- Provide specialised learning and developmental support to Early Years and Kindergarten students with diverse learning, behavioural, communication and developmental needs.
- Develop and implement Individual Education Plans (IEPs) with measurable developmental and academic goals.
- Plan and deliver individual and small-group interventions using play-based, multisensory, visual and movement-based approaches.
- Integrate Dance Movement Therapy and creative movement to support attention, emotional regulation, communication, social interaction and self-expression.
- Collaborate with class teachers, Learning Support Assistants (LSAs), therapists and parents to ensure a holistic approach to student development.
- Monitor student progress through observations, data collection and regular review of intervention strategies.
- Support the inclusive education of Students of Determination (SOD) within mainstream Early Years and Kindergarten classrooms.
- Guide LSAs in implementing IEP goals, classroom strategies, behaviour support and promoting student independence.
- Provide teachers with appropriate differentiation, visual, sensory and classroom support strategies.
- Contribute to Provision Mapping, parent meetings, student progress reviews, staff training and school-wide inclusion initiatives.

Internship – Tools of Counselling & Psychotherapy (DMT)

2019 – 2020

Sharjah City for Humanitarian Services – Al Wafa School (U.A.E.)

- Using Psychotherapeutic and Counselling tools and techniques and through Therapeutic Movement, aided children in developing their emotional, cognitive, mental, physical and social wellbeing.

Sharjah Autism Centre – SCHS (U.A.E.)

- Using Therapeutic Movement interventions along with psychotherapeutic skills of using props and music, aided in developing the children's social skills & communication.

Sathyamurthy High School, Balamandir Trust (Chennai, India)

- Using Counselling & Psychotherapeutic tools and Therapeutic Movement tools and techniques, worked with a group of adolescents in exploring their memory, attention span, verbal and non-verbal communication, while giving them the opportunity to communicate conflict and emotional turmoil physically rather than verbally — beneficial and developmentally appropriate for school students.

- Ability to create personalised and group activities for individuals to work around required goals
- Strong Organisational and Time management skills
- Ability to increase focus and attention span in an individual

QUALIFICATION

- M.Sc – Psychotherapy and Counselling
- Certified Facilitator – Dance Movement Therapy
- PG Diploma – Theatre Holistic Development (THD)
- B.B.A – Business Administration
- Diploma in Education of Human Values (Dip. EHV)
- Certificate Course: Special Educator – Learning Disabilities, ADHD & Autism
- International Level 3 Award in Special Educational Needs and Inclusion – NCFE CACHE Qualification, Best Practice Network
- Graduate in Bharatanatyam (Nrityanjali – Orbit Training Institute, Oman)
- Member of the International Dance Council, CID – UNESCO

PERSONAL

- Date of Birth: 08/01/1989
- Languages – Speak: English, Hindi, Tamil, Tulu & Kannada
- Languages – Read/Write: English & Hindi
- Driving License: U.A.E., India and Oman

Online Group Therapeutic Sessions using Psychotherapy and Counselling Tools

- Conducted therapeutic sessions using movement therapy tools & counselling skills for a group of Occupational Therapists and a group of Parents of Special Children to help empower their mind-body connect and thus improve efficiency at work and in personal life.

Therapeutic Movement Educator – THD Specialist | *RASA – Centre for Holistic Education through Theatre Arts for Special Needs, India*

2014 – 2016

- Worked as a Special Educator and Movement Educator across 3 branches in Chennai, India, working with students with Mental Retardation, Down's Syndrome, Autism and Cerebral Palsy.

Brand Manager | *Max Factor – P&G Cosmetics (Mawarid Trading LLC.), Muscat, Oman*

2010 – 2013

- Managed the Max Factor brand portfolio for the Oman market.

PROFESSIONAL PRESENCE

- Part of the administration team for a seminar conducted by Mr. Shiv Khera, a renowned Motivational Speaker in the business arena delivering motivational lectures for over ten years.
- Trained on Television and Media Productions in New Zealand, courtesy St. Andrews College, Christchurch, New Zealand.
- Member of the Management Team of Nrityanjali across various programs/events over a period of 10 years.
- Part of a 100-member team of the Ministry of Education (MOE), Times of Oman and Sai Group, Oman, conducting a nationwide Essay Writing and Poster Making Competition on Human Values for over 400 schools across Oman — over 4,500 students from Omani Arabic, Omani Bi-lingual, International and Special Education schools participated across 11 consecutive years until 2015.

PERSONAL MILESTONES

- Graduation (Arangetram) in Bharatanatyam, an Indian Classical form of Dance, 2007.
- Participated in mega dance productions held at Al Bustan Palace Hotel (Oman Auditorium), conducted by Nrityanjali, an institution in Oman dedicated to the propagation of Bharatanatyam.