

Dr Parul Aggarwal

Consultant in Obstetrics and Gynaecology
with special interest in Reproductive Medicine

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Clinical Summary

Qualifications	- MS Obstetrics and Gynaecology - DNB Obstetrics and Gynaecology - MRCOG parts 1 and 2 (Part 3 underway) - Fellowship in Infertility and Reproductive Medicine (underway) in Max Institute of Healthcare Medicine
Relevant Experience	4+ years of experience post MS Obstetrics and Gynaecology (post July 2015) 1+ years as a Consultant in Bhagwati Hospital, Mehrauli, New Delhi 3 years in the Senior residency program for Obstetrics and Gynaecology (From Jan 2016-till Jan 2019) from Safdarjung Hospital, New Delhi, India 6 months as a Research Officer in a WHO Project- "Still Birth Registry" based out of Safdarjung Hospital, New Delhi 3 years in the Junior residency program for Obstetrics and Gynaecology (From July 2012- till July 2015) from Lady Hardinge Medical College and allied hospitals, New Delhi, India.

Current Employment

Employment Dates	Current Employment	Department / Scope of Work
2020-	Fellow in Infertility and Reproductive Medicine in Max Institute of Healthcare Medicine	Problem solving, critical analysis and evidence based care in the field of reproductive medicine Handling subfertile and infertile patients, Performing ultrasound pelvis, ovarian stimulation and oocyte retrieval, IUI, IVF, etc

Employment History

Employment Dates	Previous Employments	Department / Scope of Work
January 2019 – April 2020	Consultant Bhagwati hospital New Delhi	Abdominal and vaginal hysterectomies, Diagnostic laparoscopy, Laparoscopic tubal ligation and tubal recanalization, Cervical and endometrial biopsy, Ovarian cystectomy, Sacrospinous fixation, Cryotherapy, Caesarean sections and Vaginal deliveries Bhagwati Hospital is a comprehensive hospital with 50 beds providing medical care across the district of Mehrauli

Employment Dates	Previous Employments	Department / Scope of Work
Jan 2016 – Jan 2019	Senior resident Safdarjung Hospital	Independently conducted vaginal deliveries, caesarean sections, hysterectomies and ovarian cystectomy. Independent handling of emergency cases Undergone training in Laparoscopy techniques/ MTP techniques and other contraceptive procedures. Assisted in complex surgical operations. Done IUIs, HSGs, investigated the infertile patients as per the protocol. Actively participated in academics and teaching post graduate and under graduate students
Aug 2015 – Jan 2016	Research Officer Safdarjung Hospital	Contributed actively as a Research Officer on a WHO research project titled “Stillbirth Registry”
July 2012 – July 2015	Junior Resident Lady Hardinge Medical College	Extensive hands on exposure in vaginal deliveries and caesarean sections. Handled emergency cases, assisted in surgical operations, actively participated in academics.
Jan 2009-Dec 2009	House Officer Lok Nayak Jai Prakash Hospital GB Pant Hospital Guru Nanak Eye Hospital, Maulana Azad Medical College	It was the internship year divided as follows: - 2 Months internal medicine - 2 months General surgery - 2 months Community medicine - 2 month Obstetrics and Gynaecology - 1 month paediatric medicine - 1 month Orthopedics - 1 month Anaesthesia - 1 month Paediatrics - 15 days Emergency medicine - 15 days ENT - 15 days Ophthalmology - 15 days National TB centre

Education / Qualifications

Post Graduate

- **MS Obstetrics and Gynaecology**
- **DNB Obstetrics and Gynaecology**
- **MRCOG parts 1 and 2 (Part 3 underway)**
- **Fellowship in Infertility and Reproductive Medicine (underway) in Max Institute of Healthcare Medicine**

Graduation

- **Qualification: Bachelor of medicine (Maulana Azad Medical College)**
- **Year joining: Aug 2004**
- **Year graduation: Dec 2008**

Teaching experience:

- 8 years of teaching experience
 - 1) 2012 – 2015 (3 years) teaching Obstetrics and Gynaecology to undergraduate students in Lady hardinge medical College , New Delhi, India
 - 2) 2015 – 2019 (4 years) , as a Research officer and Senior registrar, teaching both undergraduate and postgraduate students in Vardhaman mahavir Mdical College and Safdarjung Hospital, New Delhi, India
 - 3) 2019 – 2020 (1 year), as a Consultant, teaching nurses and technicians in Bhagwati Hopsital, New Delhi

Courses

- "Certificate Course on Contraception in Clinical Practice"- for year 2014 by UNFPA & PHFI & FOGSI
- "Advanced Life Support in Obstetrics"- organized by GVKEMRI & AAFP ON 23- 24 January 2015
- Comprehensive ColposcopyCourse with hands on LEEP workshop - organized by AICC- RCOG on 5th November, 2018
- Multispecialty Surgical camps in Himachal Pradesh- Independently conducted abdominal and vaginal hysterectomies, diagnostic laparoscopy, laparoscopic tubal ligation and tubal recanalization, cervical and endometrial biopsy, ovarian cystectomy, sacrospinous fixation, cryotherapy, Caesarean sections and vaginal deliveries and independent handling of outpatient department

Publications

- **“Positive pregnancy experience - WHO update”** chapter published in the “Handbook on Antenatal care “ - released at FOGSI August 2019 , Saving Mothers conference - written by Dr Pratima Mittal and Dr Parul Aggarwal
- **“Osteitis Condensans Ilii – Rare and enigmatic cause of low backache in pregnancy and post partum period”** - published in Austin Journal of Orthopaedics and Rheumatology, 2016
- Chapter on **“Ovarian Hyperstimulation Syndrome : Clinical aspect”** - under consideration for publication in **‘Textbook of Assisted Reproductive Technology’** under banner of Indian Fertility Society
- **Caudal duplication syndrome in an adolescent: rare concoction of duplication anomalies-** under consideration for publication in the journal **“Tropical Doctor”**

Clinical Research experience:

- Performed extensive imaging and clinical research in the field of evaluation of efficacy of LNG IUS in controlling heavy menstrual bleeding. This research work was submitted as MD thesis entitled **“Comparative evaluation of cyclical oral progesterone with levonorgestrel intrauterine system in women with heavy menstrual bleeding: A randomized control trial”** in Delhi University in April 2014.
- Actively contributed in the WHO sanctioned **“ Still Birth Registry Project of Government Hospitals In Delhi”** in the capacity of Research Officer, VMMC and Safdarjung Hospital

Languages known:

- English, Hindi