



UNIVERSITY OF ESSEX

This is to certify that the

degree of

**Master of Science
(with merit)**

in

GLOBAL MENTAL HEALTH AND WELLBEING

was conferred on

HELEN THAMARAI AVADIAR

on the 5th day of September 2025

Vice-Chancellor
University of Essex

Deputy University Secretary
University of Essex



This certificate should be read in conjunction with the academic transcript, which confirms the details of the programme of study completed