



# UNIVERSITY OF ESSEX

This is to certify that the

degree of

**Master of Science**  
**(with merit)**

in

**GLOBAL MENTAL HEALTH AND WELLBEING**

was conferred on

**HELEN THAMARAI AVADIAR**

on the 5th day of September 2025



Vice-Chancellor  
University of Essex



Deputy University Secretary  
University of Essex



This certificate should be read in conjunction with the academic transcript, which confirms the details of the programme of study completed